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# THE FRIDAY LETTER

Vol. 12 No. 22

Published by USDA's Food and Nutrition Service

November 30 1990

## Servicemen and Women Give Thanks...

Nov 21, 1990

To all the wonderful caring personnel at  
The Employee Volunteers at the Food and Nutrition Service,

I just wanted to write and thank all of you  
for your kind gift of baked goods. It really means alot  
to all of us here that we have all your support and that  
the people back home really care about all of the service  
members over here in Saudi Arabia serving in Operation  
Desert Shield.

I distributed the baked goods I recieved from  
your employees to my troops. They enjoyed them and  
really appreciated your thoughtfulness and caring. I  
just want to thank you all again and say that with  
the support of caring people as yourselves that our mission  
here can be accomplished and that all of the service members  
here can return to their families proud to be an American  
and Proud to serve in the armed forces which protect and  
keep America, and its principles, free to all! Thank you!

Sincerely,  
Glen Rager  
SGT RAGER, GLEN M  
USMC

14 November 90

Dear USDA/Food & Nutrition Service Cookie  
Committee, (Truly a mouthfull)

I want to thank you for your  
thoughtfulness to send the great cookies  
and brownies. The staff of the  
Headquarters U.S. Central Command Intelligence  
Directorate enjoyed the cookies and it  
helped boost their morale. We appreciate  
your thinking of all of us here and your  
support which we need to do our mission.

The goodies arrived in great shape and  
took only 7 days to get here and all were  
eaten in less than 20 minutes. Thanks  
to all the staff at USDA/F&NS Cookie  
Committee.

Sincerely,  
Major Mark C. Christian  
USAF  
"DUTY, HONOR, COUNTRY."

Dear Letter,

Hi. How are you?  
I'm doing fine, considering the  
circumstances.

I'm writing to  
you, expressing my gratitude.  
Your letter was deeply  
appreciated. My name is  
McKinley Hester. I'm 36 yrs. old.  
I have five brothers, four sisters.  
I write a lot. It keeps my  
mind occupied.

Sometimes it gets  
frustrated out here, especially  
when no mail really comes  
sometimes I don't want to  
start complaining. I'm  
thankful just to be alive  
from day to day.

Once again, I thank you  
for your letter. Take care.  
Love, McKinley

P.S. Kenny is my  
nickname. Sincerely,  
Kenny



## Operation Footprint "Let's Leave Our Mark in The Sand"

As an extension of the Agency's "Operation Des(s)ert Shield," the Supplemental Food Programs Division (SFPD) initiated "Operation Footprint." **Clara French** initiated and coordinated this project. Division staff brought in items needed by our service men and women involved in Operation Desert Shield. Items collected included personal items, such as soap, shampoo, disposable razors, shaving cream, and other items, such as powdered drink mixes, batteries, gum and hard candy, greeting cards, current newspapers and magazines, stationary, pens, cassette tapes of Christmas music and current hits, frisbees and a nerf football. The items donated resulted in the Division sending to Saudi Arabia three large care packages and one package specifically marked for women. These packages were sent by military carrier this week and distributed to those service men and women stationed in the desert.

### More Names.....

E-2/HA Angie V. Garcia  
C-4 MTF  
USNS COMFORT (T-AH20)  
FPO New York 09566-4008

Ssgt. Kevin E. Wright  
Operation Desert Shield  
213-54-7865  
D. Co. 20th Eng. BN  
APO New York 09657

Pfc. Gregory A. Morton  
Operation Desert Shield  
223-06-6310  
ACO 24th SIGBN/24th I.D.  
APO New York 09315

Capt. Dom DePolo, Jr. MSC-USN  
SSN: 233-70-5733  
Executive Officer  
Fleet Hospital Five - I MEF  
FPO San Francisco, CA 96608-5409

FN McKinley Underwood  
USS Midway CCV-41) DIV. A  
FPO San Francisco 96631-2710

## FSP Celebrates Thanksgiving

by *Pat Maggi*

For 52 weeks of the year, the Food Stamp Program is concerned with running the largest entitlement program in USDA. Its main function is to ensure that food stamps are printed, distributed, and issued to needy people and their families throughout the country so that needy people can obtain a healthy, nutritious diet. However, around Thanksgiving FSP personnel start to transfer their singleminded dedication from food stamps to food that will be consumed at the annual FSP Thanksgiving luncheon.

Though the origins of the luncheon have been lost in the swirling mists of time, Program legend tells of a luncheon in 1982 where members of one lone branch in FSP prepared a meal and ate it together for their own celebration of Thanksgiving. As word about this luncheon spread throughout FSP a cry rang out: "Why weren't we invited?" So, what started out as a small luncheon has now evolved into a grand buffet in the Fourth Floor Conference room where everyone from the three FSP Divisions can sit down and enjoy a home cooked meal with their co-workers.

How do you organize such a large luncheon? The planning for this year's luncheon began about November 1st when a committee of three, veterans **Linda Steele** and **Sherl Utz** and rookie **Pat Maggi**, met to discuss the luncheon and choose the date. (Because of scheduling conflicts, this year's luncheon was held on November 16th.) Notices were distributed to everyone in FSP. Those who volunteered to bring a dish to the luncheon paid a reduced price for the meal. Those who chose not to cook paid full price. The Luncheon Committee collected money, kept a list of dishes people were bringing, and bought one turkey, two hams, and paper goods and utensils out of the collected funds. **Joe Pinto**, Chief, Certification Policy Branch, PDD, donated and cooked a turkey and prepared homemade stuffing and gravy. **Dave Young**, Acting Supervisor, Quality Control Policy Unit, PAD, roasted the second turkey and matched **Joe's** contribution in the homemade stuffing and gravy categories.

On the morning of the big day, the Luncheon Committee, joined throughout the day by able assistants **Cindy Dubois**, **Phyllis Twyman**, and **John Donovan**, started setting up tables and chairs. By 11:30 a steady stream of people brought in the various promised dishes while the Committee strategically grouped dishes according to category. By 11:55 a line of hungry workers began to anxiously murmuring amongst themselves "When do we eat?"

At the appointed hour of 12:00, 66 members of FSP were lined up for a buffet that consisted of two 23-pound whole turkeys, one and one-half hams, hot and cold salads, assorted vegetables, stuffing, potatoes - mashed and sweet, gravy, and a whole table of yummy desserts. Visits to the buffet table were unlimited but only a hardy few dared to come back for seconds.

After everyone had their stomachs filled, clean-up began. It took a good hour and a half for the tireless Committed and their helpers to return the conference room to its normal appearance. As we cleared off tables and wrapped up the few left-overs, eyes turned expectantly to us and a voice rose from the departing throng to ask the question that was on everyone's mind: "What are we going to do for Christmas?"





## FNS 1990 COMBINED FEDERAL CAMPAIGN EXTENDED

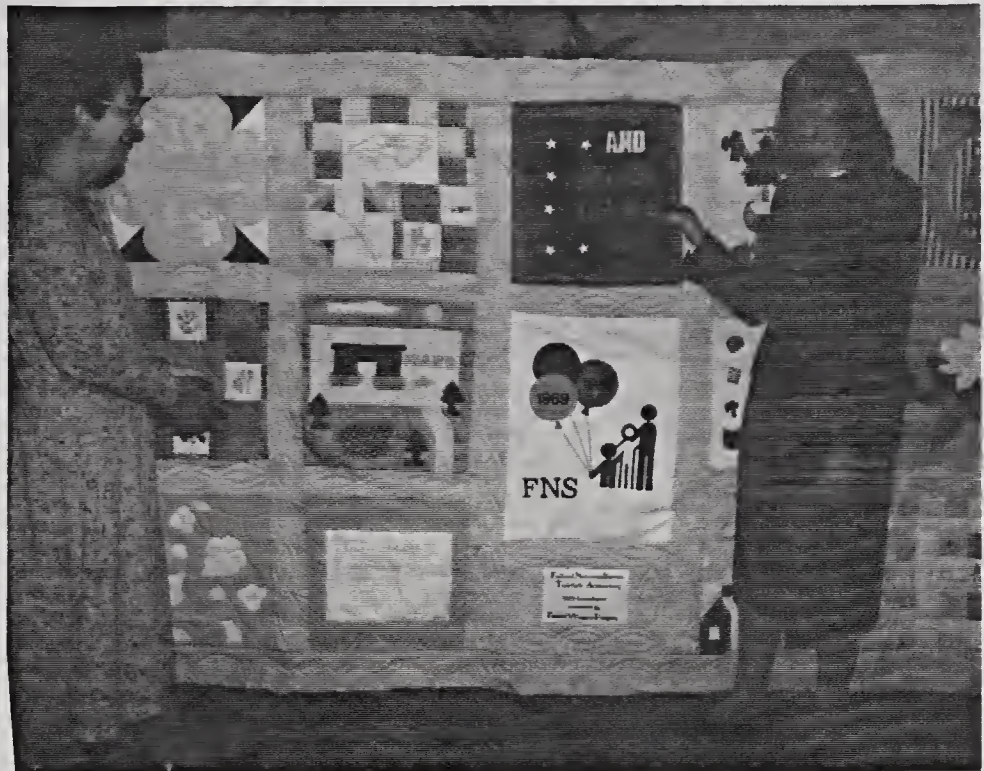
by Molly Lynch

The 1990 Combined Federal Campaign has been extended for two more weeks. The original deadline was November 30th, it is now December 14th. As of November 30th FNS has contributed \$29,624.02, that is forty-six percent of our goal. The FNS goal is \$65,000, an increase of ten percent over last year. The contributions have increased in the last week, and there are still a few departments yet to give a final report. We are optimistic and hope that this extension will help FNS to reach the goal set by the Secretary.

The figures alone do not tell the whole story, so far we have given out seventeen Eagle Awards. The Eagle pin is given to those employees who contribute one percent or more of their salary. We have received 149 contributions and seven confidential donations. The response by FNS has been very positive and we hope that this climate will continue over the next two weeks to help us reach our goal.

These next two weeks are going to be very important to ensure that we reach our goal. Our FNS goal is 100 percent contact. We want to ensure that every FNS employee is given the opportunity to contribute if they want to do so. If you have not been contacted by your division contact please feel free to contact either your division representative or **Molly Lynch** (756-3046).

Only by a willingness to strengthen our personal commitment can the needs of others be met. Together we can make a difference!



*Susan Beard, representing the National Office Federal Women's Program committee, presented the FNS 20th Anniversary quilt to Alberta Frost, the FNS 20th anniversary committee chairperson. The quilt was presented during the annual FWP open house. The quilt contains patches from several FNS regions as well as contributions from the National Office. Susan, along with a host of other FNS quilters assembled and quilted the work of art. The quilt will be initially displayed in the National Office. The next issue of the FWP newsletter will carry an article depicting the history of the quilt.*

## Linda Boling Among Retirees

After more than 25 years of Federal service, **Linda Boling** is calling it quits.

"I thought I'd surprise my husband and retire before he does this spring."

**Linda** has been with FNS for almost 9 years. Before that she worked for the Consumer Product Safety Commission and the Department of the Army.

"After **Jerry** retires, we'll be moving to Pennsylvania. In the meantime, I'll be designing our new home and selling our current one."

Linda, we'll miss you!

Along with Linda, here are the November Retirees for the Food and Nutrition Service:

Carolyn Adams, HQ  
Orville Schumacher, HQ  
Carole Phillips, HQ  
Stephen Pasternak, MARO  
John McClellan, MARO  
June Harmon, MARO  
Alberta Smith, MARO  
Frances Potkay, MARO  
Alberta Rowley, MARO  
Andres Diaz, MARO  
Isabel Berchtold, MARO  
Barbara Hunt, MARO  
Herman Barber, SERO  
Joseph Turecky, SWRO  
Delores Oldhan, SWRO  
Eleanor Plugis, NERO  
David Marshall, MWRO  
William Pryor, MWRO  
Rachel Holly, MWRO



## Ross Selected as Food Branch Chief

On November 13, 1990, **Virginia B. Ross** was selected as Chief, Food Branch, Food Distribution Division. **Virginia** began her career with FNS in October 1967 while it was called the Consumer and Marketing Service. She started out as a Clerk Steno, GS-4, in the Commodity Distribution Division. Then later became the Food Branch of the Food Distribution Division. Most of **Virginia's** career has been in the Food Branch.

**Virginia** has received a number of awards throughout her career, including a Special Act Award for developing the FNS portion of the Tri-Agency Computer System.

**Virginia** and her husband live in Alexandria, Virginia. They have three children and three grandchildren.

Congratulations **Virginia**!

## FRANKLIN THACKREY

**Franklin Thackrey**, retired information director of USDA's Consumer and Marketing Service (C&MS), died November 24 at his home in Falls Church after a heart attack.

**Mr. Thackrey** was C&MS's information director when the food assistance programs were transferred from that agency to the newly created Food and Nutrition Service (FNS). C&MS provided information services to FNS until the new agency had its own official public information unit. **Mr. Thackrey's** colleagues will remember him warmly.

Survivors include his wife, **Jessie Thackrey**, two sons and three daughters.

Memorial services will be held at 3 p.m. Sunday, December 16 at The Falls Church, 115 East Fairfax St. Falls Church, Va. Expressions of sympathy may be made to The Falls Church or the **Franklin Thackrey** Scholarship Fund, c/o George Mason High School.

## AROUND THE COUNTRY...

### MPRO HOSTS NATIONAL MELLR TRAINING MEETING

*by Joanne Widner, MPRO*

Staff from the National Office and all seven regions met in Denver November 14-15 for this year's Management Evaluation Local Level Review training, covering revisions in forms and procedures. Lou Pastura and MPRO Regional Administrator **David Alspach** welcomed the group to Denver, which was enjoying Indian Summer weather that week. Other National Office staff present included **Lisa Greenwood**, **Terry Hallberg**, **Diane Kriviski** and **Joan Tressler**. Mountain Plains staff used the following day, November 16, to cover scheduling and localized matters for the Region's field office staff. Other regions planned regional training sessions later in their own areas.



*Joe Gallagher of SERO discusses a point with Lou Pastura as Lanna Bushman of SERO listens. Terry Hallberg is in the background.*



## AROUND THE COUNTRY (cont.)...

### Jolley Elected AITC President

*Story and Photo by Connie Crunkleton*

SERO'S **Margaret Jolley** has been elected president of the Atlanta Intergovernmental Training Council (AITC). The Council is comprised of nearly 30 agencies and is a vehicle for planning and administering multi-agency training activities. OPM is a strong supporter of AITC and provides administrative support for it.

**Jolley**, who works in SERO's Personnel Division, has been with FNS for nearly three years. Prior to working with FNS, she was an auditor with GAO's Atlanta office. She made the career switch so that her travel schedule would be less strenuous. Those who haven't had the opportunity to meet **Jolley** are in for a real treat. Adjectives just don't do her justice. But, imagine, if you can, an exuberant, service oriented personnel specialist with the mentality of a GAO auditor. See, we told you she's near impossible to describe.

At any rate, SERO is proud that her talents are being recognized beyond the agency level. And, we're all glad that she now makes FNS her work home.



*Margaret Jolley*

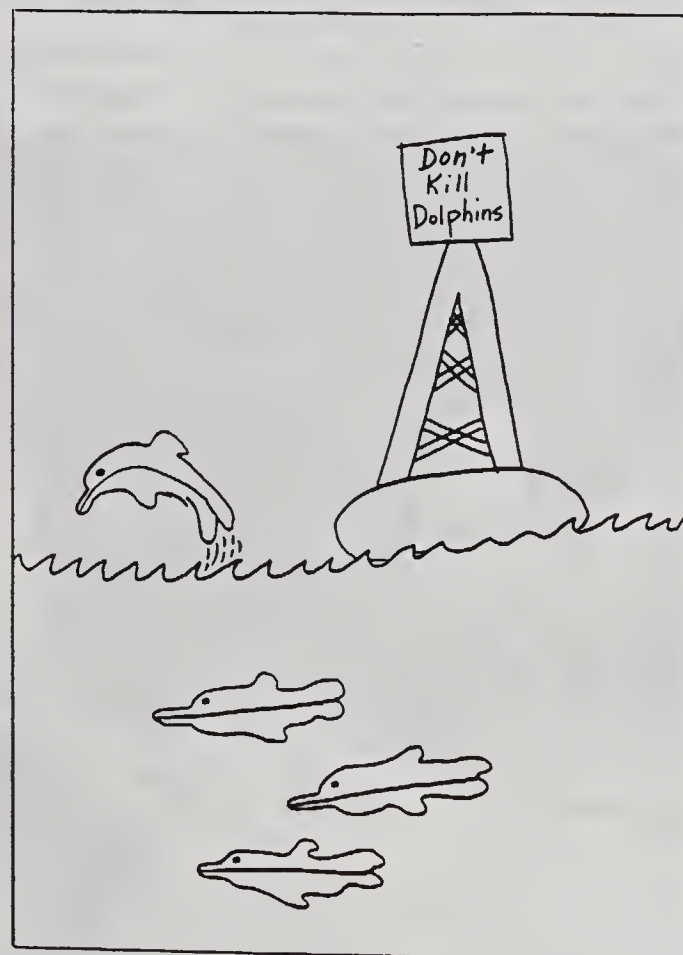


*John T. Smith and Janet Davis*

When the 22 students in Mrs. Gail Barnwell's Long Avenue School class in Bogalusa, LA, became concerned about the plight of the dolphins, they wrote SWRO about the tuna they were eating in school lunch.

**Janet Davis**, food program specialist in the Food Distribution Program, quickly sent off assurances that the USDA-commodity tuna they enjoy in school lunch is "dolphin-safe." Remembering how enthusiastic her own daughter gets when committed to a cause, **Janet** and her supervisor **John T. Smith** saw to it that each of the fifth graders received his very own personal reply.

*Photo and caption by Blanche Jackson, SWRO*



*This picture is one of the "Don't Kill the Dolphins" drawings sent to SWRO by Bogalusa, LA, 5th graders.*



## MPRO Lauds Two School Lunch Programs

by Craig Forman, MPRO

Mountain Plains Region recognized two suburban Denver high schools during National School Lunch Week for their exemplary school lunch operations. Regional Administrator **David Alspach** presented Certificates of Appreciation to Horizon and Northglenn High School administrators and school lunch directors in recognition of their achievements. Horizon High School runs a continuous food service operation that has effectively eliminated vendor sales in the school and Northglenn successfully reestablished its lunch program after participation drastically faltered. Both schools are located in suburban locations where another school dropped its lunch program due to competition from nearby fast food outlets. Horizon students can buy nutritious snacks in the student commons area any time before lunch. At noon they can choose between a visit to a soup and sandwich bar, a well stocked salad bar, or a complete lunch. Northglenn has lured students back to their cafeteria with home-baked rolls, pizza, and other popular menu selections.



*Regional Administrator Alspach presented a Certificate of Appreciation to Horizon High School's food service director and assistant principal.*



*Assistant Secretary Bertini spent much of National School Lunch Week visiting schools throughout New York State. From West Utica to the Bronx to Long Island, Ms. Bertini lunched, talked to students and met with media to promote the National School Lunch Program. In her busy schedule she found time to also stop by an elderly feeding center and a child care food site. Here she visits with satisfied school lunch customers at the Danforth Magnet School in Syracuse. It is reported that Ms. Bertini ate lunch at each of the six schools she visited in her three day tour.*



# FROM THE PROGRAM...

## Food Stamps

### ARP Public Benefits Outreach Project

On November 14, 1990, **Phyllis R. Gault**, Deputy Administrator, and **Bonny O'Neill**, Assistant Deputy Administrator, of the Food Stamp Program, met over an informal lunch in downtown Washington DC with the American Association of Retired Persons (AARP) staff and representatives from the first five sites selected to participate in the Winter 1991 Public Benefits Outreach Project. These sites will focus outreach on Food Stamps, Supplemental Security Income (SSI), and Medicaid simultaneously. A total of 10 sites will be selected to participate in this project with the additional five sites chosen at a later date.

Last year we worked closely with AARP to prepare three pilot sites to conduct outreach for Food Stamps. These sites were located in Cleveland, Ohio, Memphis, Tennessee, and Las Cruces, New Mexico. Highlights from the three campaigns included: a successful Food Stamp Phoneathon held in conjunction with the local CBS affiliate in Cleveland; an experiment to "outstation" eligibility workers for one week at four senior centers in Memphis resulting in many new Food Stamp applications; and, the use of bilingual outreach workers and materials which reached many Hispanic elderly in Las Cruces. The State agencies played a key role in making these outreach activities a success.

The purposes of the current combined projects are to:

- inform low income older persons about the SSI, Medicaid, and Food Stamp Programs, and assist those that are potentially eligible to apply;

- increase the number of SSI, Medicaid, and Food Stamp applications and awards;

- test models of outreach activities for low cost replication;

- conduct research on effective methods of outreach to low income elderly persons.

The four key organizations involved in the implementation of the 1991 Projects in each of the communities are as follows: AARP, a local cosponsoring agency, the State agency, and the Social Security Administration.

The five local sites and their cosponsors are:

- Oakland, California - City of Oakland Office on Aging;

- Atlanta, Georgia - Atlanta Regional Commission - Area Agency on Aging;

- Las Vegas, Nevada - Howard W. Cannon Center - Services For Senior Citizens;

- Concord, New Hampshire - State Unit on Aging;

- Durham, North Carolina - Durham County Department of Social Services.

## Special Nutrition

- Because of changes in market conditions, USDA has just made the decision to purchase process cheese for TEFAP with shipments to begin in February 1991. Process cheese will replace peanut butter which was provided to TEFAP recipients under the Hunger Prevention Act of 1988. USDA has not been able to purchase peanut butter because of unreasonably high prices. The average price of process cheese has dropped from approximately \$1.65 per pound and is now \$1.20 per pound. Peanut butter has increased from less than \$1.00 per pound last year to approximately \$1.70 per pound currently.

### Other...

- Catherine Bertini** and FNS staff met with Ambassador **Juliette McLennan**, U.S. Representative, U. N Commission on the Status of Women, to prepare for their trip to Vienna where **Catherine** will serve as a witness at the November 26-30 conference of the Expert Group Meeting on Vulnerable Women. The main topic is Female Headed Households. **Jan Lilja**, **Diana Perez**, **Steve Carlson**, and **Carol Stansfield** helped prepare the testimony for the meeting.

**SOME COLORFUL FACTS FROM PANTONE.** Every year, Americans buy 2.5 billion crayons, and each year, children spend a total of 6,309,500,000 hours coloring. Tests reveal that the smell of Crayola crayons is one of the 20 most recognizable odors to American adults. Coffee and peanut butter top the list.

## EMPLOYEE PROFILE...

### Fran Zorn

*by Wini Scheffler*

"It was like being thrown into a school of flying fish," says Fran Zorn of a lifesaving class she took last summer. "I was your average plodding swimmer, and my classmates were kids from high school swim teams, with several who were less than half my age."

A little prior "analysis and evaluation" might have spared Fran a strenuous two weeks. But then she wouldn't be able to whip out a wallet card certifying her skill at water rescue and first aid. So she faced the challenge like a Girl Scout--the reason she was over her head in the first place.

At FNS, where Fran directs the special nutrition staff of the Office of Analysis and Evaluation, she is best known as a savvy professional at work and a dynamite chef after hours. But she is also co-leader of a troop of Arlington Girl Scouts. For months, her troop had anticipated a Virginia Beach outing after Labor Day. When they found there would be no life guard on duty--contrary to Girl Scout rules--she and her co-leader reasoned they could do the job themselves.

They enrolled in an intensive class, under a no-nonsense instructor, that trained three times a week for three hours and four hours on Sundays. Because she and her friend needed extra practice, they could be found alternately drowning, and rescuing each other on off nights as well.

"We soon realized it would be less costly to hire a life guard," she says. But by then it was a challenge. Fran met the required swimming speed of 25 meters in 19 1/2 seconds "by the skin of my teeth."

"I'm proud of that," she says. "But next time I'm going to get someone else trained to take my place."

Enabling others is part of what Fran likes about scouting. "As a leader, you help children understand the things they can do. And that's more than selling cookies. We balance fun with service to the community. My troop has sponsored Christmas for poor families, cleaned up streams, assisted at the animal shelter, and taped children's books for local libraries."

Fran, who chairs the Arlington County organization of adult Girl Scouts, also values the links to the community that come with scouting.

"I know so many people with varied backgrounds and skills that I wouldn't have met otherwise," she says. "I've also made many long lasting friendships through scouting."

Before joining FNS in 1977, Fran took an undergraduate degree in history from the University of Santa Clara and a graduate degree in public policy at the LBJ School of Public Affairs at the University of Texas. She also worked briefly on political campaigns in Nevada, where her parents still live.

## Toastmasters?...You Bet!

Do you become tongue tied if you have to speak before a group? Do you suspect that you can't think and talk out loud at the same time? Do you aspire to be an excellent public speaker?

The way to beat your public speaking problems and to meet your speaking objectives is to practice at what you're afraid to do--so you can become better at it. But few of us want to get our practice in high-risk circumstances, such as "on the job," with our evaluations at stake.

Each Tuesday, at noon, usually in the 4th floor conference room, members of the Park Center Toastmasters practice thinking on their feet and speaking before groups. We join 160,000 other Toastmasters throughout the world, seeking to improve ourselves both professionally and personally in a warm atmosphere of fellowship and understanding. We can make mistakes at Toastmasters, and we can laugh and learn from them. We give one another feedback and support. And we have FUN!

Each week we have something new and exciting to learn about. This week, Park Center Toastmasters had the opportunity to "star" in a professional video. We will observe ourselves later so we can learn more about our "TV" personalities and critique our performances.

Sounds like fun doesn't it? Why don't you give us a try? Come a couple of times as our guest; then make your decision whether or not Toastmasters is for you. By the way, Toastmasters qualifies as a training opportunity...that means FNS will reimburse part of the costs of membership in this club.





## Speaking personally...

I'm pleased to report that there has been a tremendous response so far to the FNS Suggestion Box) both the actual box at POC as well as the cc:Mail Suggestion Box). I've received some terrific suggestions, and I'm making sure that each of them get appropriate attention. Perhaps you noticed the "Commute & Learn" Project was just kicked-off in the last issue of the Friday Letter. Letters to soldiers, which grew into cookies and packages, started as a suggestion box memo and has involved lots of generous FNS employees!

The Farm Bill, the budget crisis and furlough threat from August through October, the Agency's FY 1992 budget submission, and the other ongoing work didn't prevent me from reading your suggestions and acting upon them, but I haven't responded to each suggestions as quickly as I would have liked. I sincerely regret this, and I've now put a new system in place which should help me respond to each individual suggestion, and get them implemented wherever possible.

So please—keep thinking of ways we can make FNS operate more efficiently and be an even better place to work...you getting through!

*Belinda*

## FROM THE HEALTH UNIT...

### It's That Time of Year Again

#### TIPS for managing YOUR stress:

-- Two minute energy builder: Doe the energy shake. Stretch your arms out for 5 seconds, then let go. Tighten and relax each fist. Next, let your wrists go limp and then shake them as if you were trying to dry them. Loosen up. The energy shake gives you a relaxed and energized feeling, because it increases the circulation to your arms and legs. The brain feel most awake and alive when it has a fresh supply of oxygen. When you exercise, you get blood moving through your body to your brain, carrying that fresh supply of oxygen with it.

-- Listen to some favorite music. Let yourself be absorbed in the music. Use it to regain that happy mood.

-- Call a friend for a quick change-of-pace conversation.

-- Take a 5 minute brisk walk. It is a change from quiet concentration.

-- Sit in a comfortable position, arms at your sides, shoulders relaxed. EXHALE as completely as you can, through your mouth,

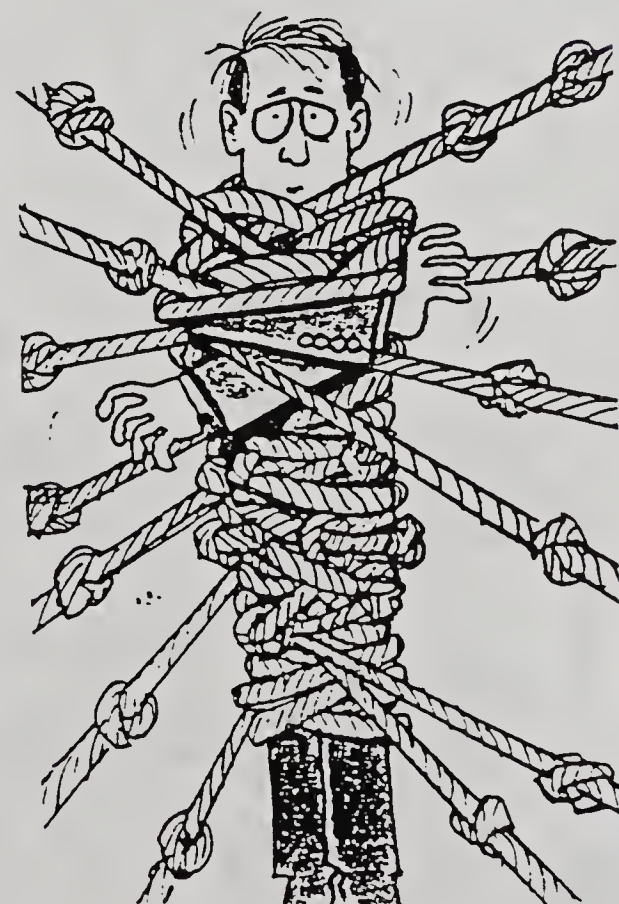
which the chest and abdominal area collapsing and falling inward. Begin to INHALE slowly through your nose, making your abdomen rise. Your chest, rib cage and shoulder should not move at all. Only the abdomen swells as the lower lungs fill with air. In this type of breathing your stomach goes out to inhale and is sucked into exhale. Practice 10-15 cycles. When this feels comfortable to you, practice deep abdominal breathing as you sit, stand and walk.

-- For the Type "A" Person: Find a long line to wait in at the bank and wait in it. When you're ready to strangle the teller, ask yourself why you find it so boring to be with yourself. Do absolutely nothing but think about past accomplishments for 15 minutes. Hear out two people without interrupting even once. Communicate with an old friend who has a profession different than yours.

-- The Nurse has a "Physical Relaxation tape" in the Health Unit. Employees can listen to it in a quiet room by calling Barbara Perkey at 756-6000. There are very important, simple techniques that increase concentration and creativity.

-- To help prevent illness you must learn to relax on a regular

basis. It is an important part of coping with STRESS. Whatever method you use to relax, use it often. It's one of the most SIMPLE and effective ways to be sure that you will get the most out of every day!





# Friday Letter Vacancy Listing by Vacancy Number

JOB TITLE	AREA OF CONSID.	SERIES	GRADE	CLOSING DATE	VACANCY NUMBER	OFFICE LOCATION
Supvry. Nutritionist	(A)	GM-0630	13/14	12/03/90	91-03*	NTSD
Senior Nutritionist (Public Health)	(A)	GM-0630	13	12/03/90	91-04	NTSD
Food Prog. Spec.	(FNS-HQ)	GS-0120	12	12/04/90	91-08	PDD
Food Prog. Spec.	(A)	GS-0120	12	12/04/90	91-08A	PDD
Supvry. Computer Spec.	(A)	GM-0334	15	01/14/91	91-10**	IRMD
Food Prog. Spec.	(FNS-HQ)	GS-0120	11/12	12/04/90	91-16	SFPD
Food Prog. Spec.	(A)	GS-0120	11/12	12/04/90	91-16A	SFPD
Budget Analyst	(A-LCA)	GS-0560	12	12/04/90	91-17	BUD
Food Prog. Spec.	(FNS-HQ)	GS-0120	5/7/9	12/04/90	91-18	SFPD
Food Prog. Spec.	(A)	GS-0120	9	12/04/90	91-18A	SFPD
Food Prog. Spec.	(FNS-HQ)	GS-0120	11/12	12/04/90	91-19	SFPD
Food Prog. Spec.	(A)	GS-0120	11/12	12/04/90	91-19A	SFPD
Regional Administrator	(A)	ES-0120		01/28/91	91-09	SWRO
Secretary Typing	(A-LCA)	GS-0318	4/5	12/24/90	91-22	CND
Financial Manager	(G)	GM-0505	14	01/14/91	91-21	WRO
Secretary Typing	(A-LCA)	GS-0318	9	12/24/90	91-20	DASNP
Clerk Typist	(A-LCA)	GS-0322	2/3/4	12/24/90	91-H-05	HNIS
Visual Info. Specialist	(A-LCA)	GS-1084	9	01/14/91	91-H-04	HNIS
Editorial Asst. Typing	(HNIS-w)	GS-1087	7	12/10/90	91-H-03	HNIS
Management Analyst	(A-LCA)	GS-0343	13	12/11/90	91-11**	IRMD

## AREA OF CONSIDERATION

- (A) - All Sources
- (A-LCA) - All Sources, Local Commuting Area
- (FNS-HQ) - FNS Headquarters Wide
- (G) - Government Wide
- (HNIS-W) - Human Nutrition Info. Service Wide

\* Term Appointment or Promotion NTE 2 years

\*\* Extends closing date.

## OFFICE LOCATION

- BUD - Budget Division
- CND - Child Nutrition Division
- HNIS - Human Nutrition Info. Service
- SWRO - Southwest Regional Office
- NTSD - Nutrition and Tech. Serv. Division
- PAD - Program Accountability Division
- SFPD - Supplemental Food Programs Division
- WRO - Western Regional Office
- PDD - Program Development Division
- IRMD - Information Resource Management Div.
- DASNP - Deputy Admin. Special Nutr. Programs

**Darlene L. Barnes, Editor  
and Desktop Design**  
**Pamela D. Faith, HQs Photography**

The Friday Letter is published every two weeks by the Public Information Staff of the Food and Nutrition Service. To update your mailing address or to alter the number of copies you receive, please mail your changes to FNS Public Information Staff, 3101 Park Center Drive, Room 819, Alexandria, Virginia 22302. Telephone: 703/756-3286

## UPCOMING EVENTS...

### December

**3-7**

**MARO WIC Breastfeeding Promotio  
Regional Conference, Wash., D.C.**

**4**

**Toastmasters, 12-1, 4th flr. conf. rm.**

**5-7**

**NERO/SERO BI-Regional WIC Mtg.  
Charleston, S.C.**

**11**

**Toastmasters, 12-1, 4th flr. conf. rm.**

**18**

**FNS Christmas Party, 8th floor**

**ONLY 24 SHOPPING DAYS LEFT 'TIL CHRISTMAS!!!**